

**LOS ANGELES INTERGROUP OF OVEREATERS ANONYMOUS**  
**DELEGATES MEETING AGENDA**  
**Saturday, December 20, 2025**  
**10:30 AM**

**Meeting ID:** 986 8413 8128     **Passcode:** 586561

[Click to Join](#)

1. **Call to Order - “We” version of Serenity Prayer**
2. **Reading of the Twelve Traditions**
3. **Tradition of the Month - Volunteer to read & share for 2 minutes**
  - a. **Tradition 12: “Anonymity is the spiritual foundation of all these Traditions, ever reminding us to place principles before personalities.”**
4. **Reading of Delegate Role - volunteer**
5. **Role Call**
6. **Celebration of Birthdays**
7. **Review of minutes: 2 minutes**
8. **Officer Reports**
  - a. **Chair ( [chair@oalaig.org](mailto:chair@oalaig.org) ) - Matt S**
    - i. Follow us on our social networks! Great way to carry the message
    - ii. Please make note that our delegate’s meeting next month will be on January 25th due to the Birthday Party.
  - b. **Treasurer ( [treasurer@oalaig.org](mailto:treasurer@oalaig.org) ) - Chaya/Karen**
    - i. [November Financial Report](#)
  - c. **Vice-Chair ( [vicechair@oalaig.org](mailto:vicechair@oalaig.org) ) - Dan O.**
    - i. No Report
  - d. **Secretary ( [secretary@oalaig.org](mailto:secretary@oalaig.org) ) - Ransom M.**
    - i. No Report
9. **Office Manager ( [office@oalaig.org](mailto:office@oalaig.org) ) - Janet Z.**
  - a. The Boss is Back!
10. **Committee Reports**
  - a. **Birthday Party Chair ( [bdp@oalaig.org](mailto:bdp@oalaig.org) ) - Vida I.S.**
    - i. Full schedule now available
    - ii. Sign up for god box and vision board workshops online before they sell out! Limited availability
    - iii. Book hotel at discounted rate for full weekend immersive experience while still available
    - iv. Meals are still available! The meals are sold at cost and are how we pay the hotel for the birthday party! They keep registration costs low and keep the intergroup self supporting. Please consider supporting the event by signing up for lunch, dinner or both.
    - v. Sign ups for volunteer shifts- help us with essential service the BDP cannot function without it! Please bring to your meetings
    - vi. We need volunteers to help bring boutique donations from the oa office in Woodland Hills to our Santa Monica storage unit tomorrow morning Sunday 12/21 at 9-10am, contact Ana (323) 251-7787  
[bdpvolunteers@oalaig.org](mailto:bdpvolunteers@oalaig.org)

- vii. Help spread the message and carry the message! Sign up sheet to help make sure all meetings in the la area are aware of the oa birthday party
- b. **Special Events ( [events@oalaig.org](mailto:events@oalaig.org) ) Leo D.**
  - i. Promises meeting as a great turnout
- c. **Communications ( [communications@oalaig.org](mailto:communications@oalaig.org) ): Lewis K.**
  - i. [New 12th Stepper Available](#)
- d. **Meeting Liaison ( [meetingliaison@oalaig.org](mailto:meetingliaison@oalaig.org) ) Hannah F.**
  - i. No Report
- e. **Public Outreach & Inclusion ( [outreach@oalaig.org](mailto:outreach@oalaig.org) ) Nicole S.**
  - i. No Report
- f. **Workshops ( [workshops@oalaig.org](mailto:workshops@oalaig.org) ) Caroline C.**
  - i. No report
- g. **WSBC Representative**
  - i. Vacant
- h. **Region Two Representative**
  - i. Vacant

**11. Unfinished Business**

- a. None

**12. New Business**

- a. None

**13. Adjournment**

**14. Close with “We” version of the Serenity Prayer**

**NEXT DELEGATES MEETING: 1/25/26**

**NEXT BOARD MEETING: 1/6/26**