

LOS ANGELES INTERGROUP OF OVEREATERS ANONYMOUS
DELEGATES MEETING AGENDA
July 18th, 2026
10:30 AM

Meeting ID: 986 8413 8128 Passcode: 586561

[Click to Join](#)

1. Call to Order - “We” version of Serenity Prayer
2. Reading of the Twelve Traditions
3. Tradition of the Month - volunteer to read & share for 2 minutes
 - a. Tradition of the Month Tradition 7
 - i. Every OA group ought to be fully self-supporting, declining outside contributions.
4. Reading of Delegate Role - volunteer
5. Role Call
6. Celebration of Birthdays
7. Review of minutes: 2 minutes
8. Officer Reports
 - a. Chair (chair@oalaig.org) - Matt S
 - b. Treasurer (treasurer@oalaig.org) - Chaya/Karen
 - c. Vice-Chair / Region 2 Rep (vicechair@oalaig.org) - Dan O.
 - i. Region 2
 - d. Secretary (secretary@oalaig.org) - Ransom M.
9. Office Manager (office@oalaig.org) - Janet Z.
 - i. Office update
10. Committee Reports
 - a. Birthday Party Chair (bdp@oalaig.org) - Vida I.S.
 - i. Info Session Sunday July 19, 4pm - come learn about the OA BDP, available positions, and get involved!
 - ii. Committee Meetings start Sunday July 26, 10:30am
 - b. Special Events (events@oalaig.org) OPEN
 - c. Communications (communications@oalaig.org): Lewis K.
 - i. [July/August 12th Stepper is posted](#)
 - d. Meeting Liaison (meetingliaison@oalaig.org) Hannah F.
 - i. What's App Group on homepage
 - e. Public Outreach & Inclusion (outreach@oalaig.org) Nicole S.
 - f. Workshops (workshops@oalaig.org) Caroline C.
 - i. Missing today's meeting apologies! No updates from me. If anyone has an idea for a fall workshop please let me know!
 - g. WSBC Representative
11. Unfinished Business
12. New Business
13. Adjournment
14. Close with “We” version of the Serenity Prayer

NEXT DELEGATES MEETING: 8/15/26

NEXT BOARD MEETING: 8/4/26