

LOS ANGELES INTERGROUP OF OVEREATERS ANONYMOUS
DELEGATES MEETING AGENDA
Saturday, November 15, 2025
10:30 AM

Meeting ID: 986 8413 8128 **Passcode:** 586561

[Click to Join](#)

- 1. Call to Order - “We” version of Serenity Prayer**
- 2. Reading of the Twelve Traditions**
- 3. Tradition of the Month - volunteer to read & share for 2 minutes**
 - a. “Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, television, and other public media of communication.”
- 4. Reading of Delegate Role - volunteer**
- 5. Role Call**
- 6. Celebration of Birthdays**
- 7. Review of minutes: 2 minutes**
- 8. Officer Reports**
 - a. **Chair (chair@oalaig.org) - Matt S**
 - i. New Website Overview & tutorial
 1. Recordings Archive will be back up
 2. Ways to get involved
 3. 12th Stepper Submissions
 4. You can subscribe to get the latest information
 5. Fellowship Hub
 - ii. World Service Rep & Region Rep
 - b. **Treasurer (treasurer@oalaig.org) - Chaya/Karen**
 - i. Chaya excused
 - ii. Financial Reports for October 2025
 - c. **Vice-Chair (vicechair@oalaig.org) - Dan O.**
 - i. No Report
 - d. **Secretary (secretary@oalaig.org) - Ransom M.**
 - i. No Report
- 9. Office Manager (office@oalaig.org) - Janet Z.**
 - a. Office Update - out of office notice
- 10. Committee Reports**
 - a. **Birthday Party Chair (bdp@oalaig.org) - Vida I.S.**
 - i. Registration flier with QR code available
 - ii. \$60 through November then \$70 up to the event
 1. You can preorder the recordings w/ the digital handouts when you purchase your registration.
 - iii. When you register you can sign up to volunteer.
 1. Additional Questions email bdpvolunteers@oalaig.org
 - iv. Have to register before you can purchase meals

- v. Last chance to vote for second 7th tradition basket for BDP prize drawing if your meeting hasn't done so
- b. **Special Events (events@oalaig.org) Leo D.**
 - i. Thanksgiving in the Park, November 27, 2025. Recovery, Fun, and Fellowship - Please announce at your meetings
 - ii. Annual Promises Meeting is in the works in collaboration with the San Fernando Valley Intergroup
- c. **Communications (communications@oalaig.org): Lewis K.**
 - i. Lewis Excused
 - ii. The latest issue of the 12th-Stepper is now available
 - iii. Please send all your meeting news, candles, etc. to be included in the next issue of the 12th Stepper
 - iv. Please ask your meeting fellows to check out the 12th-Stepper.
- d. **Meeting Liaison (meetingliaison@oalaig.org) Hannah F.**
 - i. About the position
 - 1. Cultivate direct contact with meetings & delegates encouraging involvement and engagement through various means including the Online Fellowship Hub
 - ii. We ask that all meetings please make sure their meeting contact on the website is up to date and if not to please do so.
- e. **Public Outreach & Inclusion (outreach@oalaig.org) Nicole S.**
 - i. No Report
- f. **Workshops (workshops@oalaig.org) Caroline C.**
 - i. No report
- g. **WSBC Representative**
 - i. Vacant
 - ii. Next Business Conference: April 20-25th, 2026
 - 1. In Person - Albuquerque
 - 2. Expenses covered by intergroup
 - 3. 2 year term, Alternates - 1 yr.
 - 4. Qualifications
 - a. At least one year of current Abstinence
 - b. Regular attendance at an OA meeting in Los Angeles
 - c. Completed Steps 4 & 5
 - d. At least two years of service beyond the group level
 - e. These qualifications may be waived at the intergroup level and permission for exception is possible upon submitting application to WSO
- h. **Region Two Representative**
 - i. Vacant
 - ii. Two Assemblies
 - 1. Winter Assembly (Virtual): Saturday, January 31, 2026
 - 2. Summer Assembly - To be determined.
 - a. Last year it was in July in person.

- 3. Expenses covered by intergroup
- 4. 2 year term, Alternates - 1 yr
 - a. Qualifications
 - i. At least one year of current Abstinence
 - ii. Regular attendance at OA LA Meeting
 - iii. Completed Steps 4 & 5
 - iv. At least two years of service beyond the group level
 - v. These qualifications may be waived at the intergroup level if needed.

11. Unfinished Business

a. Motion:

- i. Motion for the Los Angeles Intergroup to merge with the San Fernando Valley Intergroup.
 - 1. Please note this motion goes straight to vote with no debate.

12. New Business

- a. None

13. Adjournment

14. Close with “We” version of the Serenity Prayer

NEXT DELEGATES MEETING: 12/20/2025

NEXT BOARD MEETING: 12/02/2025