

LOS ANGELES INTERGROUP OF OVEREATERS ANONYMOUS
DELEGATES MEETING AGENDA
Saturday, January, 2025
10:30 AM

Meeting ID: 986 8413 8128

Passcode: 586561

[Click to Join](#)

1. Call to Order - “We” version of Serenity Prayer
2. Reading of the Twelve Traditions
3. Tradition of the Month - volunteer to read & share for 2 minutes
 - a. Tradition1
 - i. *Our Common Welfare should come first; personal recovery depends upon OA unity.*
4. Reading of Delegate Role - volunteer
5. Role Call
6. Celebration of Birthdays
7. Review of minutes: 2 minutes
8. Officer Reports
 - a. Chair (chair@oalaig.org) - Matt S
 - i. 2026 Agenda Questionnaire
 1. [Summary of Motions](#)
 2. [Submit your meeting's results](#)
 - ii. Overview of Region 2 Rep
 - iii. Overview of World Service Delegate
 - b. Treasurer (treasurer@oalaig.org) - Chaya/Karen
 - i.
 - c. Vice-Chair (vicechair@oalaig.org) - Dan O.
 - i. No Report
 - d. Secretary (secretary@oalaig.org) - Ransom M.
 - i. No Report
9. Office Manager (office@oalaig.org) - Janet Z.
 - a. Office Update
10. Committee Reports
 - a. Birthday Party Chair (bdp@oalaig.org) - Vida I.S.
 - i. The event was a huge success! People loved the updates - workbook, fellowship lounge, new workshops, new panels, open mic
 - ii. Committee was mostly new to the event, brought tons of energy, enthusiasm, novel ideas, exactly type of energy we hope to maintain in the intergroup and service positions
 - iii. Almost 870 people registered
 - iv. Over 150 have bought recordings, have already made more profit while owning recordings than we did from 2025 royalty check
 - v. Recordings available online for purchase starting this week
 1. \$69.99 for all recordings with digital worksheets for all workshops
 2. \$10 for individual recordings - digital worksheet only included if the recording was a workshop

- vi. Recordings will be uploaded and when made available directions will be emailed.
- vii. Survey will be forthcoming
- b. **Special Events (events@oalaig.org) Leo D.**
- i. No Report
- c. **Communications (communications@oalaig.org): Lewis K.**
- i. [February 12th Stepper](#)
- d. **Meeting Liaison (meetingliaison@oalaig.org) Hannah F.**
- i.
- e. **Public Outreach & Inclusion (outreach@oalaig.org) Nicole S.**
- i. No Report
- f. **Workshops (workshops@oalaig.org) Caroline C.**
- i. Save the Date
 - 1. Saturday, March 14 - 2:30PM
 - a. West Hollywood Recovery Center
- g. **WSBC Representative**
 - i. Vacant
 - 1. Next Business Conference: April 20-25th, 2026
 - 2. In Person - Albuquerque
 - 3. Expenses covered by intergroup
 - 4. 2 year term, Alternates - 1 yr.
 - 5. Qualifications
 - a. At least one year of current Abstinence
 - b. Regular attendance at an OA meeting in Los Angeles
 - c. Completed Steps 4 & 5
 - d. At least two years of service beyond the group level
 - i. For example - Serving as a delegate
 - e. These qualifications may be waived at the intergroup level and permission for exception is possible upon submitting application to WSO
- h. **Region Two Representative**
 - i. Vacant
 - 1. Two Assemblies
 - a. Winter Assembly (Virtual): Saturday, January 31, 2026
 - b. Summer Assembly - To be determined.
 - 2. Expenses covered by intergroup
 - 3. 2 year term, Alternates - 1 yr
 - 4. Qualifications
 - a. At least one year of current Abstinence
 - b. Regular attendance at OA LA Meeting
 - c. Completed Steps 4 & 5
 - d. At least two years of service beyond the group level
 - e. These qualifications may be waived at the intergroup level if needed.

11. Unfinished Business

- a. None

12. New Business

- a. Nominations & Elections - Region 2 Delegates
- b. Nominations & Elections - WSBC Delegate

13. Adjournment

14. Close with “We” version of the Serenity Prayer

NEXT DELEGATES MEETING: 2/21/26

NEXT BOARD MEETING: 2/3/26