

LOS ANGELES INTERGROUP OF OVEREATERS ANONYMOUS
DELEGATES MEETING AGENDA
August 15th, 2026
10:30 AM

Meeting ID: 986 8413 8128 Passcode: 586561

[Click to Join](#)

1. Call to Order - “We” version of Serenity Prayer
2. Reading of the Twelve Traditions
3. Tradition of the Month - volunteer to read & share for 2 minutes
 - a. Tradition of the Month: Tradition 8
 - i. Overeaters Anonymous should remain forever non-professional, but our service centers may employ special workers.
4. Reading of Delegate Role - volunteer
5. Role Call
6. Celebration of Birthdays
7. Review of minutes: 2 minutes
8. Officer Reports
 - a. Chair (chair@oalaig.org) - Matt S
 - i. Region 2 is looking for those interested in R2 Chair starting in January
 1. Must have completed steps 4 & 5
 2. Attended as a region rep before
 3. 1 year of continuous abstinence
 4. [Overview of position responsibilities](#)
 - b. Treasurer (treasurer@oalaig.org) - Chaya/Karen
 - i. [July Report](#)
 - c. Vice-Chair (vicechair@oalaig.org) - Dan O.
 - d. Secretary (secretary@oalaig.org) - Ransom M.
9. Office Manager (office@oalaig.org) - Janet Z.
 - I. Office update
10. Committee Reports
 - a. Birthday Party Chair (bdp@oalaig.org) - Vida I.S.
 - i. Call for panel / workshop ideas - interested in putting on a panel or workshop contact bdp@oalaig.org
 - ii. Still have availability on the BDP committee - fill out the interest form on our [homepage](#)
 - b. Special Events (events@oalaig.org) OPEN
 - c. Communications (communications@oalaig.org): Lewis K.
 - d. Meeting Liaison (meetingliaison@oalaig.org) Hannah F.
 - i. Let your meetings know we have a What's App group!
 1. Download and share our [Flyer!](#)
 - ii. All meeting updates can be made on the website directly by signing in to the website. No need to email the office anymore!
 - e. Public Outreach & Inclusion (outreach@oalaig.org) Nicole S.
 - f. Workshops (workshops@oalaig.org) Caroline C.
 - i. Open to ideas for the third workshop of the year to take place in October!

- g. WSBC Representative
- h. Region Two Representative
- 11. Unfinished Business
- 12. New Business
 - a. [Merger Moratorium Motion](#)
- 13. Adjournment
- 14. Close with “We” version of the Serenity Prayer

NEXT DELEGATES MEETING: September 19th, 2026

NEXT BOARD MEETING: September 1st, 2026