

**LOS ANGELES INTERGROUP OF OVEREATERS ANONYMOUS**  
**DELEGATES MEETING AGENDA**  
**September 19th, 2026**  
**10:30 AM**

Meeting ID: 986 8413 8128      Passcode: 586561

[Click to Join](#)

1. **Call to Order - “We” version of Serenity Prayer**
2. **Reading of the Twelve Traditions**
3. **Tradition of the Month - volunteer to read & share for 2 minutes**
  - a. Tradition of the Month: Tradition 9
    - i. OA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
4. **Reading of Delegate Role - volunteer**
5. **Role Call**
6. **Celebration of Birthdays**
7. **Review of minutes: 2 minutes**
8. **Officer Reports**
  - a. Chair ( [chair@oalaig.org](mailto:chair@oalaig.org) ) - Matt S
    - i. Elections will be coming up at the October delegate meeting
  - b. Treasurer ( [treasurer@oalaig.org](mailto:treasurer@oalaig.org) ) - Chaya/Karen
  - c. Vice-Chair ( [vicechair@oalaig.org](mailto:vicechair@oalaig.org) ) - Dan O.
    - i. excused
  - d. Secretary ( [secretary@oalaig.org](mailto:secretary@oalaig.org) ) - Ransom M.
9. **Office Manager ( [office@oalaig.org](mailto:office@oalaig.org) ) - Janet Z.**
10. **Committee Reports**
  - a. **Birthday Party Chair ( [bdp@oalaig.org](mailto:bdp@oalaig.org) ) - Vida I.S.**
    - i. Registration for both event and hotel opens Oct 1
    - ii. Collecting Gently used clothing and accessories for BDP Boutique.  
Donations can be dropped off at OA office in Woodland Hills. Other drop off locations coming soon.
  - b. **Communications ( [communications@oalaig.org](mailto:communications@oalaig.org) ): Lewis K.**
  - c. **Meeting Liaison ( [meetingliaison@oalaig.org](mailto:meetingliaison@oalaig.org) ) Hannah F.**
    - i. Join our Whats App group!
  - d. **Public Outreach & Inclusion ( [outreach@oalaig.org](mailto:outreach@oalaig.org) ) Nicole S.**
  - e. **Workshops ( [workshops@oalaig.org](mailto:workshops@oalaig.org) ) Caroline C.**
    - i. Virtual workshop The Gift of Serenity: Navigating the Holidays in Recovery coming up on 10/24 @ 3pm PT (see flyer)
    - ii. Need volunteers to help for Thanksgiving in the Park. You can sign up [here](#)
    - iii. Looking for Venues for The Promises Meeting - hoping to do it in person this year.
  - f. **WSBC Representative**
  - g. **Region Two Representative**
11. **Unfinished Business**
12. **New Business**

**Adjournment**

**13. Close with “We” version of the Serenity Prayer**

**NEXT DELEGATES MEETING: Saturday, October 17th, 2026**

**NEXT BOARD MEETING: Tuesday, October 6th**