

L.A. INTERGROUP MEETING DIRECTORY /MEETING CODES

100 – 100 Pounder Focus **ESP** – En Español **H** – HOW Focus **NC** – Newcomer **RR** – Recovery from Relapse **W** – Women’s Meeting
A/B – Anorexic/Bulimic Focus **F** – Fellowship Before/After **L** – Lesbian Focus **P** – Pitch **SP** – Speaker **WC** – Wheelchair Access
B – Book Study **FA** – Food allowed **LI** – Literature available **Q** – Questions for Speaker **SS** – Step Study **WR** – Writing Meeting
CC – Chips & Candles given **G** – Gay Men’s Focus **M** – Men’s Meeting **RF** – Rotating Format **T** – Traditions Focus **Y** – Young People (30 or under)

NOTE: Everyone is welcome to attend any meeting listed in this directory. All special-emphasis format listings are only for the convenience of the fellowship. It is suggested to call the contact person listed prior to attending for the first time to verify time and location.

TIME	CITY	MEETING NAME AND LOCATION	CONTACT INFO	CODE
MONDAY				
7:30-8:30a	Santa Monica	Big Book, Church in Ocean Park, 235 Hill St.	Jeff M. 310-210-6475	B,CC,P,SP
10:00-11:00a	Santa Monica	For Today, The Cottage, 1260 18th St. @ Ariz., enter at garden gate	Vivian 323-793-8051	CC,LI,SP
12:15-1:30p	Los Angeles	City Hall Meeting, 200 N. Spring St, enter Main St., Security Bldg., Rm 223 (closed 1/16, 2/20)	Kim 213-839-7978	FA,LI,P,WC
12:30-1:30p	West Hollywood	Midday Big Book Study, St. Thomas Church, 7501 Hollywood Blvd.	Ryan 917-225-4446	B,P,SS
6:00-7:00p	Los Feliz	Focus on Abstinence, Mt. Hollywood U.C.C., 4607 Prospect Ave.	Jack 781-507-5886	CC,P,SP
6:30-7:30p	Westwood	Our Voices of Recovery, Westwd Hills Congregational Church, 1989 Westwood Blvd.	Ruth 626-232-3580	LI,P,WR
7:00-8:00p	Santa Monica	Monday Night Gratitude, Beth Shir Shalom, 1827 California Ave.	Hope 310-347-5473	CC,LI,P,SP
7:30-8:45p	Santa Monica	Women’s Sexuality & Relationships, Mt. Olive Church 14 th and Ocean Park	Julia S. 310-383-4699	CC,P,SP,W
8:00-9:30p	Culver City	One Pound at a Time, SHARE Center, 6666 Green Valley Circle, Culver City.	Bridgette 323-394-2788	CC,P,SP, WC
TUESDAY				
12:30-1:45p	Hollywood	Wheel of Recovery, St. Thomas Church, 7501 Hollywood Blvd	Tony 310-424-8547	CC,F,LI,P,Q,SP
12:30-1:30p	Los Angeles	No Day But Today, Women For Sobriety Center, 1422 S. Wilton Place	Diane G. 714-376-7245	LI,SP,CC,P
1:00-2:00p	Santa Monica	Step Study, The Cottage, 1260 18th Street, enter through garden gate	Johanna 310-770-7909	P,SS,T
6:30-7:30p	Los Feliz	Turn Over Your Day, Mt. Hollywood U.C.C., 4607 Prospect Ave.	Suzan 646-283-0501	CC,P,SP
6:30-7:30p	Santa Monica	Big Book Study, Forbes Hall 4, 1721 Arizona Ave., upstairs, end of hall	Aaron E. 310-497-4064	B,P,SP
7:00-8:30p	Culver City	100 Pounders/Newcomers Welcome, Veterans Bldg., 4117 Overland Ave., Rm C	Terri 310-918-6367	100,CC,LI,NC,P,SP,WC
7:00-8:30p	Westchester	Big Book Workshop 8065 Emerson Ave., Westchester (Starting Jan 10)	Ellie G. 818-207-5214	SS
7:00-8:00p	Los Angeles	One; Two; Three 6404 Wilshire Blvd Suite 710 (Does not meet 1 st Tuesday of Month)	Roberta 516-316-2875	SS
8:00-9:00p	Los Angeles	Mothers in Recovery, Hope Center, 11311 W. Washington Blvd., LA 90066, (enter rear)	Johanna 310-770-7909	RF, W
8:00-9:00p	Santa Monica	Women In Recovery, The Cottage, 1260 18th St., enter at garden gate	Maria 310-936-8654	A/B,CC,P,SP,W
WEDNESDAY				
7:30-8:30a	Santa Monica	Step Study, Church in Ocean Park, 235 Hill St.	Rita 310-396-9056	SS
7:30-8:30a	West Hollywood	Spiritual Awakening, 8000 W. Sunset Blvd., Community Rm 1	Cindy 213-929-0627	B,P,SP,WC
12:30-1:30p	West Hollywood	One Day At a Time, St. Thomas Church, 7501 Hollywood Blvd. at Gardner	Christina 310-488-0967	P,SS,WC
1:00-2:00p	Culver City	Wonders of 12 & 12, Veterans Bldg., 4117 Overland Ave., Uruapan Rm.	Esther 310-641-5464	SS, T, WC, SP, P3
6:30-8:00p	Los Angeles	Artists in Abstinence, Van Ness House, 1919 N. Beachwood Drive	Michael A. 323-599-0601	CC,LI,P,SP,WC
6:45-7:45p	Santa Monica	OA Twelve & Twelve Study, The Cottage, 1260 18th St., enter at garden gate	Rachelle M. 818-262-8075	SS,T
7:00-8:30p	Inglewood	Get Real on the Hill, 1st Presby. Church, 521 E. Queen St., 1 st Fl, Rm. 1	Bernice A. 323-759-7610	CC,P,RF,SP
7:00-8:00p	Westwood	Tool Time Men’s Meeting, United Methodist, 10497 Wilshire Blvd., Rm. 109	Steve H. 310-621-9527	B,M,P,SP
7:30-8:30p	West Los Angeles	The Living Room, Palms Park, 2950 Overland Ave.	Deanna 310-686-7778	CC,LI,NC,P,Q,SP,WC
8:00-9:00p	Westwood	Fireside Freedom St. Albans Church, 580 Hilgard, at Westholme Ave. (free parking in rear)	Kelli 323-578-3326	LI,NC,P,Q,SP,WC,Y
THURSDAY				
7:30-8:30a	Venice	Recovery Renewal Meditation, Cow’s End Café 34 Washington Blvd.	Valerie P. 424-652-0459	RR
1:00-2:00p	Hollywood	Write Thinking, St. Thomas Church, 7501 Hollywood Blvd. at Gardner	Sascha 213-268-886	CC,P,WC,WR
1:00-2:00p	Santa Monica	There Is a Solution, The Cottage, 1260 18th St., enter at garden gate	Alexandria 424-744-9441	FA,P,SP
6:30-7:30p	Santa Monica	Living In The Solution, Friends Church, 1440 Harvard Street (Parking in Rear)	Erin 323-251-5868	CC,LI,P,SP,WC
7:00-8:00p	Hollywood	Women’s Sexuality/Body Issues, The Village, 1125 N. McCadden Pl., Rm. 134	Ainslie F. 310-401-3039	CC,LI,P,W,WC
7:15-8:00p	Downtown L.A.	Los Angeles Downtown Meeting, Share!, 425 S. Broadway, 2nd floor	Victor 323-270-4369	P,SP
7:30-9:00p	Westchester	100 Pounders, United Methodist Church, 8065 Emerson Ave.	Deanna 310-749-8055	100,CC,F,P,SP
FRIDAY				
7:30-8:30a	Santa Monica	The Dawn Patrol, Church In Ocean Park, 235 Hill St.	Linda B. 310-396-0739	CC,P,SP,WC
7:30-8:30a	Venice	Book Study, The Cow’s End, 34 Washington Blvd.	Frank F. 310-890-1335	P,SP
12:00-1:00pm	Palisades	Palisades 11 th Step Meditation Meeting 15215 West Sunset Blvd (Upstairs above Citibank)	Sherry D 310-383-7852	CC
12:30-1:30p	West Hollywood	Friday Meeting, St. Thomas Church, 7501 Hollywood Blvd. at Gardner	Mary Pat 323-871-2370	SS
1:00-2:00p	Culver City	T.G.I.F. In Recovery, Veterans Memorial Bldg, 4117 Overland Blvd. Rm C	Johanna 310-770-7909	CC,P,SP
6:00-7:00p	Los Feliz	Living Abstinently, Hollywood Lutheran Church, 1733 N. New Hampshire Ave.	Albert 323-365-1491	P,RF,SP,WC
6:45-7:45p	Santa Monica	Friday Night at Forbes, The Cottage, 1260 18th St., enter at garden gate	Denise 310-569-6855	F,P,Q,SP,WC
6:45-7:45p	West Hollywood	NUTS over the Big Book Men’s stag, St. Thomas Church, 7501 Hollywood Blvd.	Aaron E. 609-706-2999	F, B, M, P, SP, Y
7:00-8:30p	Los Angeles	St. Brigid Meeting, St. Brigid School, 1755 W. 52nd St. (52 nd and Western)	Anita 323-320-2052	CC,F,LI,P,RF,SP,WC,Y
SATURDAY				
8:45-9:45a	Beverly Hills	Kitchen Sink, Temple Emanuel, 8844 Burton Way, near Robertson Blvd.	John K. 310-559-6159	Q,SP
9:00-10:00a	Silverlake	A Plan of Eating, Silverlake Community Church, 2930 Hyperion Avenue	Olivia P. 618-534-2900	Q,SP
9:00-10:00a	Westchester	Gentle Recovery/Newcomers Welcome, Holy Nativity Church, 6700 W. 83rd St.	Terry B. 310-962-9631	P,RR,WR
9:30-10:30a	Santa Monica	Our Bottom Line, Mt. Olive Lutheran Church, 1343 Ocean Park Blvd. (rm off prkg lot)	Renee H. 213-422-7151	FA,P,SS
10:30-11:30a	West Los Angeles	Step Study, 11166 Ohio Ave.	Francine 310-477-5417	LI,P,SP,SS
12:00-1:00p	Culver City	Appetite For Willingness, 4117 Overland Avenue, Teen Center Room 1	Kail 917-860-5796	B,F,LI,P,WC
5:30-6:30p	Brentwood	Light a Candle, Presbyterian Church, 12000 San Vicente, Rm 219	Mickey B. 949-933-1875	CC,Q,SP
SUNDAY				
9:00-10:00a	Culver City	OA Twelve Step Study, Veterans Memorial Bldg 4117 Overland Ave., Room B	Nancy G. 310-390-5001	B,SS
9:00-10:00a	Santa Monica	Big Book Study, Joslyn Park, 633 Kensington Road	Francine 310-477-5417	B,LI,P,SP,WC
10:00-10:20a	Beverly Hills	Newcomers Meeting, 471 South Roxbury Drive; End of hall lounge	Ellie G. 818-207-5214	NC,Q,SP,WC
10:30a-12:00p	Beverly Hills	Serenity Sunday, 471 S. Roxbury Drive, Roxbury Park CmtyCtr, Multipurpose Room A	Ziva 310-717-9813	CC,F,LI,P,SP,WC,
10:30a-12:00p	West Hollywood	One Step At a Time, Beverly Connection, 100 N. La Cienega Blvd., Community Room	Carolyn C. 310-995-8721	CC,P,SP,W
12:00-1:00p	West Hollywood	Courage to Change, 9021 Melrose Ave, West Hollywood	Kahala 818-430-5396	A/B,CC,P,SP
4:30-5:30p	Santa Monica	Sunday in the Garden, 1139 Lincoln Blvd., enter back alley	Sherry 310-383-7852	LI
7:00-8:00p	Culver City	Commitment to Recovery, Grace Lutheran Church, 4427 Overland Ave.	Roy L. 310-453-9913	CC,LI,NC,P,SP
7:00-8:00p	Santa Monica	Women’s Spiritual Solution, The Cottage, 1260 18th St., enter at garden gate	Emily 646-246-0396	CC,P,Q,SP,W

ATTENTION SECRETARIES: If your meeting information or meeting positions change (i.e., meeting contact, secretary, treasurer, or delegate), please submit your changes using the printable or online forms. You can access these intergroup forms at oalraig.org/our-intergroup/intergroup-forms. You only need to submit one or the other form; please do not submit both.